



# PSHE Policy

## Aims

Personal Social Health Education (PSHE) is a vital part of Ashfield's curriculum. We aim to equip our children with skills, knowledge and attitudes to enable them to develop into confident, independent, financially astute, caring, individuals who take responsibility for their physical, emotional and environmental health.

## Intent statement

Children develop the knowledge, skills and attributes they need to manage their lives, now and in the future. Children learn to respect themselves and each other, value diversity and celebrate differences. They learn skills to maintain healthy friendships and relationships.

Children learn how to keep themselves safe and healthy, physically and mentally. They learn how to manage their feelings and emotions and develop a good sense of wellbeing.

## Wellbeing /Respect/Communicate

### Objectives

- To ensure all children feel valued, have the opportunity to contribute, are heard and the achievements of all are celebrated.
- To ensure SEMH (Social, Emotional, Mental Health) is taught, awareness raised and value is placed upon the children's mental health and wellbeing.
- To ensure PSHE lessons are fun, interesting, well-planned and are valued by adults and children in school.
- To share good practice thus maintaining enthusiasm for the subject and improving the quality of PSHE provision.
- Children to utilise this learning within their daily lives, from dealing with friendship issues to resilience to making healthy choices and to know where and how to seek help if needed.

### Inclusion

All learners will be given equal opportunities to access PSHE. They will be supported or challenged through differentiation. Planning will reflect the varying needs of all children in class. Where possible the diverse society in which we live will be reflected in the teaching and learning of the subject.

### Curriculum Organisation

Children will experience PSHE through discrete lessons, weekly assemblies, celebration weeks and on a cross curricular basis. PSHE is taught using the KAPOW scheme of work. The KAPOW scheme incorporates the RSE statutory guidance and the PSHE Association Programme of Study. The organization of the RSE/PSHE curriculum is organised into the following themes: Families and relationships, Health and wellbeing, Safety and the changing body, Citizenship, Economic wellbeing, and Identity (Y6 only). We also use MindMate Champions lessons and the wellbeing lessons offered by KAPOW. Lessons may also be planned to suit a particular cohort's needs such as friendship skills if the issue becomes pertinent to a particular class.

Children's learning is evidenced in PSHE files, on the school website and on displays around school. Children will experience PSHE as part of the wider ethos of the school through their daily interactions with all adults.

## **Parent Partnership and Safeguarding**

Parents and carers will be informed about PSHE content through newsletters and via the website. Ashfield is committed to working in partnership with parents and will provide opportunities for discussion and feedback.

If safeguarding concerns arise during PSHE lessons, staff will follow the school's safeguarding and child protection policy, ensuring any disclosures are handled appropriately.

### **Assessing, recording, monitoring, reviewing.**

Children's learning in PSHE will be assessed using knowledge captures at the beginning of a unit, through activities such as 'no stakes quizzes' to support our work on cognitive load theory and end of unit assessments. In addition children have the opportunity to use peer and self-assessment. Assessment is recorded in a number of ways including:

- Examples of children's work through photos, written evidence, posters/pictures)
- Whole class book with samples of work or recorded comments, photos of activities etc.
- Pre and post assessment sheets
- Self-reflection sheets
- Discussions with pupils
- PSED in Early Years

Agreed by the governing body of Ashfield Primary School: 05/02/2025

Review Date: Spring 2028

Associated policies: Acceptable Use  
Single Equalities  
SEND (Special Educational Needs and Disabilities)  
Racial Equality  
Learning and Teaching  
Sex and Relationships Education  
Safeguarding and Child Protection Policy